



## PATIENT EDUCATION HANDOUTS

### Roseola

#### DESCRIPTION

- Age 6 months to 3 years
- Presence of a fine pink rash, mainly on the trunk
- High fever during the preceding 2 to 4 days that cleared within 24 hours before the rash appeared
- Your child was only mildly ill during the time with fever
- Your child acts fine now.

#### CAUSE

Roseola is caused by the human herpesvirus-6.

#### EXPECTED COURSE

The rash lasts 1 or 2 days, followed by complete recovery. Some children have 3 days of fever without a rash.

#### HOME CARE

No particular treatment is necessary. Roseola is contagious until the rash is gone. Other children of this age who have been with your child may come down with roseola in about 12 days.

#### CALL YOUR PHYSICIAN IMMEDIATELY IF:

- The spots become purple or blood colored.
- Your child starts to act very sick.
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#### CALL YOUR PHYSICIAN DURING OFFICE HOURS IF:

- The rash lasts more than 3 days.
- The fever lasts more than 4 days.
- You have other questions or concerns.

Adapted from: Adapted from Barton Schmitt's *Pediatric Advisor* Mar, 00

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